

## General Information

### Dates:

4-7 October 2010

### Fees:

Before 1 July 2010: 1600 € (excl. accommodation)

From 1 July 2010: 1750 € (excl. accommodation)

### Locations:

#### Theoretical course

Hotel San Ranieri

Via Mazzei 2

Cisanello

56124 PISA

www.sanranierihotel.com

#### Practical training

Pisa University Hospital

U.O. Malattie del Metabolismo e Diabetologia

Director: Prof. Stefano Del Prato

Azienda Ospedaliera Universitaria Pisana

Via Paradisa, 2

56124 Pisa

Italy

### Accommodation:

Accommodation can be booked at San Ranieri Hotel (the course venue) in connection with course registration.

### Room rate:

Single room: 149 € /night (including breakfast)

Double room: 169 € /night (including breakfast)

If you prefer accommodation within another price range, please contact the course secretariat for suggestions.

### Organisation

#### Scientific responsibility:

Alberto Piaggese, MD

Director of the Diabetic Foot Section of the

Pisa University Hospital

University of Pisa

Pisa

Italy

### Course secretariat:

Pisa International Diabetic Foot Courses

c/o Congress Consultants

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## Faculty

### International faculty

K. van Acker

J. Apelqvist

K. Bakker

S. Bus

M. Edmonds

S. Morbach

N. Petrova

D. Ramaekers

V. Urbancic-Rovan

J. Aragon Sanchez

M. Schintler

E. Senneville

### National faculty

I. Bargellini

R. Cioni

S. Del Prato

M. Ferrari

C. Goretti

F. Menichettii

V. Napoli

B. Küppers

A. Piaggese (Course organiser)

L. Rizzo

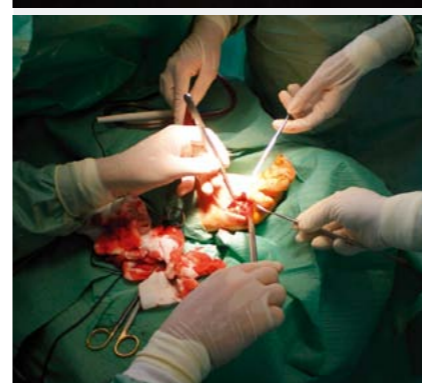
A. Scatena

V. Zampa

Main sponsor:



Sponsor:



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# Management of the Diabetic Foot

## Theory & Practice

4 day course, 4-7 October 2010

Pisa, Italy

## Welcome

I am very pleased to announce the second Pisa International Diabetic Foot Course on the management of the diabetic foot. The course is organised by the Diabetic Foot Clinic at the University Hospital of Pisa.

This year's course will be held in Pisa, Italy, and will offer a combination of theory and practical training in the clinic within a four day period.

The courses are based on the knowledge and the unique structure of treatment offered by the specialised diabetic foot clinic at the University Hospital of Pisa, established in 1989. By combining lectures from different specialists and individual training in the clinic, course participants will gain insight in to both the theory of the field and the practical methods used in the clinic.

The Pisa International Diabetic Foot Courses will also focus on the structure of treatment and guidelines for establishing a diabetic foot clinic. By including this important issue, we reach out to clinicians as well as hospital departments and clinic management.

A secondary, but none-the-less important, aim of the courses is to facilitate European consensus on the structure of treatment of the diabetic foot and to raise political awareness of the challenges related to treatment and prevention of the diabetic foot.

We look forward to welcoming you to Pisa, Italy.

*Prof. Alberto Piaggese*

*Director of the Diabetic Foot Section of the Pisa University Hospital, University of Pisa*

[www.diabeticfootcourses.org](http://www.diabeticfootcourses.org)

## Description of the courses

### Overall course structure

The four day theoretical & practical course gives participants a thorough introduction to all aspects of diagnosis, management and treatment of the diabetic foot.

Lectures will be combined with practical sessions held in the afternoon at the diabetic foot clinic at the Pisa University Hospital.

Lectures will be in agreement with the International Consensus on the Diabetic Foot & Practical Guidelines on the Management and Prevention of the Diabetic Foot. Max 30 participants

### Follow up services:

- ◆ Networking activities: An online community has been established for previous course participants. This community site will be updated with news and developments within the area by the secretariat. This also enables participants to share and spread information after the course has ended.
- ◆ Expertise knowledge: Professor Alberto Piaggese and members of the faculty will answer questions through the online community after the course.
- ◆ Staff from the Diabetic Foot Section of the Pisa University Hospital offers external teaching and consultancy in connection with establishment of diabetic foot clinics.

### Participants

The courses are open to anyone involved in the treatment or management of diabetic foot patients, but the primary target groups are:

- ◆ Clinicians with various professions (e.g. endocrinologists, vascular and orthopaedic surgeons, specialised nurses, chiropodists or podiatrists).
- ◆ Newly appointed managers with an interest in the development of the structure of treatment within the diabetic foot area.
- ◆ Other health care professionals

### Objectives

The Pisa International Diabetic Foot Courses aim to:

- ◆ Increase the knowledge and operative skills in the management of the diabetic foot.
- ◆ Support the establishment of multidisciplinary diabetic foot clinics or departments based on the recommendations of the International Consensus Document.
- ◆ Facilitate international consensus on structure of treatment of the diabetic foot. Lectures will be in agreement with the *International Consensus on the Diabetic Foot & Practical Guidelines on the Management and Prevention of the Diabetic Foot*.

## Theory & Practice ♦ 4 Day Course Programme

Sunday 3 Oct	Time	Monday 4 Oct	Time	Tuesday 5 Oct	Time	Wednesday 6 Oct	Time	Thursday 7 Oct
		<b>Risk assessment / Neuropathy / Charcot</b>		<b>Infection</b>		<b>Ischaemia</b>		<b>Organisation</b>
	09.00	Welcome <i>CR Tomassini, Pisa Hospital General Manager S Del Prato, Director of Diabetology and Metabolism</i>	09.00-10.30	<b>Diagnosis of infection</b> <i>Chair: E. Senneville</i>	9.00-10.30	<b>From sub-clinical to critical limb ischaemia</b> <i>Chair: J. Apelqvist</i>	9.00-10.30	<b>The organisation of a DF clinic</b> <i>Chair: K. Van Acker</i>
	09.15	Introduction <i>A. Piaggese</i>						
	09.30	The Diabetic Foot Today <i>K. Bakker</i>	09.00	Clinical presentations of infection in the DF <i>A. Piaggese</i>	09.00	Clinical presentations <i>J. Apelqvist</i>	09.00	The organisational scenario <i>V. Urbancic Rovani</i>
	10.00-13.00	<b>Neuropathy and the foot: From Plantar ulceration to Charcot's foot</b> <i>Chair: M. Edmonds</i>	09.30	Microbiological and laboratory issues <i>E. Senneville</i>	09.20-09.40	Ultrasound and other non-invasive diagnostic techniques <i>V. Napoli</i>	09.20	The multidisciplinary approach <i>K. Van Acker</i>
	10.00	Pathogenesis <i>N. Petrova</i>	09.50-10.10	Imaging <i>V. Zampa</i>	09.40-10.00	Angiography and angio MR <i>I. Bargellini</i>	09.40	The minimal model <i>S. Morbach</i>
	10.30	The role of the biomechanical stress <i>S. Bus</i>	10.10-10.30	Discussion	10.00-10.30	Discussion	10.00	The maximal model <i>L. Rizzo</i>
							10.20	Discussion
	<b>10.50</b>	<i>Coffee break</i>	<b>10.30</b>	<i>Coffee break</i>	<b>10.30</b>	<i>Coffee break</i>	<b>10.30</b>	<i>Coffee break &amp; check out</i>
	11.20	<i>(Continued morning session)</i> Clinical presentation and evolution <i>M. Edmonds</i>	11.00-13.10	<b>Therapy of infection</b> <i>Chair: V. Urbancic Rovani</i>	11.00-13.00	<b>The management of lower limb ischemia</b> <i>Chair: S. Morbach</i>	11.00	<i>(Continued morning session)</i> The manager's point of view <i>D. Ramaekers</i>
	11.50	Imaging <i>V. Zampa</i>	11.00	Antibiotic therapy <i>F. Menichetti</i>	11.00	Indications to the revascularization <i>A. Scatena</i>	11.30	The evaluation of the outcomes <i>J. Apelqvist</i>
	12.20	Therapy <i>L. Rizzo</i>	11.30	The peri-operative management of the DF patient <i>B. Kupperts</i>	11.20	Endovascular techniques <i>R. Cioni</i>	12.00	Discussion
	12.40	Discussion	11.50	The surgical management of the infected DF <i>J. Aragon Sanchez</i>	11.40	Surgical revascularization <i>M. Ferrari</i>	12.30	Conclusion <i>A. Piaggese</i>
			12.10	New technologies in the treatment of osteomyelitis in the DF <i>M. Schnitler</i>	12.00	Medical management of the ischemic patient <i>S. Morbach</i>		
			12.30	The reconstruction of the DF <i>C. Goretti</i>	12.30	Discussion		
			12.50	Discussion				
	<b>13.00</b>	<i>Lunch</i>	<b>13.10</b>	<i>Lunch</i>	<b>13.00</b>	<i>Lunch</i>	<b>12.45</b>	<i>Arrivederci lunch</i>
Arrival	14.00	Transfer to DF Clinic <i>(5 min walk)</i>	14.00	Transfer to DF Clinic <i>(5 min walk)</i>	14.00	Transfer to DF Clinic <i>(5 min walk)</i>		Departure/ On your own in Pisa
	14.30-17.30	Practical exercitations <i>(participants will be divided in three groups rotating on three different settings lasting one hour each)</i>	14.30-17.30	Practical exercitations <i>(participants will be divided in three groups rotating on three different settings lasting one hour each)</i>	14.30-17.30	Practical exercitations <i>(participants will be divided in three groups rotating on three different settings lasting one hour each)</i>		
		A. Screening lab Risk assessment and patients data management		A. Negative pressure and new technologies VAC and other options, Skin and dermal substitutes, bioactive medications		A. Clinical evaluation and local management – Clinical evaluation, local management strategies, control of pain		
		B. Offloading TCC and other options in the acute phase, orthosis and shoes for the chronic phase		B. Basic surgical skills – How to prepare a surgical setting, how to drain an abscess, emostasis, sutures		B. Non invasive evaluation of LLI – Doppler CW and ABPI, Duplex scanning, TcPO2		
		C. Local therapy How to debride a ulcer and to treat pre-ulcerative conditions, the choice and application of dressings, antiseptic usage		C. Microbiological sampling and processing – How to collect samples and process them for microbiological evaluations		C. Angiography and revascularization – Live cases		
	17.30-18.00	Discussion						
	<b>19.00</b>	Welcome Cocktail		Evening Free	20.00	Social event – Course Dinner		
	<b>20.00</b>	Evening free						